

## Junior World Orienteering Championships

Dubbo, New South Wales

7th - 13<sup>th</sup> July 2007



### 2007 JUNIOR WORLD ORIENTEERING CHAMPIONSHIPS (JWOC) AUSTRALIAN TEAM TRAINS IN ORANGE

With the Australian team selected after last weekend's National Orienteering League events at Molong and Eugowra, the squad is now in Orange for their first training camp.

The three day camp will allow the team to get to know each other, and to further practise their orienteering skills on terrain similar to that identified by the Junior World Orienteering Championship organisers for the competition in July near Dubbo.

As the JWOC organisers have identified three of the World Championship competition areas as being on granite, yesterday the team trained on the granite at Gumble Creek, and today they will return to Gumble – to further refine their navigation skills in this complex rocky terrain.

Tomorrow (May 24<sup>th</sup>) the team will be at Bloomfield Hospital in Forest Rd, Orange to practise their Sprint Distance techniques in the grounds of the hospital.

2006 JWOC Australian Team Manager Hilary Wood (NSW) will once again be looking after the Australian team as Manager and this year will be assisted by Victoria's Jim Russell as Coach. Tasmania's Hanny Allston, the 2006 JWOC Long Distance champion and Sprint Distance runner-up in Lithuania, will also be on hand as assistant coach. Hanny was also Sprint Champion at last year's World Orienteering Championships in Denmark at the senior level. (Hanny was also recently selected for this year's Australian World Orienteering Championship Senior Squad).

The Championship events will be held over 5 days and consist of 4 disciplines – sprint (approx 3km), Middle Distance (approx. 5km), Long Distance (approx. 11Km) and a relay event (for teams of 3 runners). While the location for the Sprint event has already been announced as the Western Plains Zoo, the locations of the other competition areas remain secret until the day of the races.

A second international training camp based in Orange will be held from the 30<sup>th</sup> June until 6<sup>th</sup> July, when all teams will move to Dubbo for the Junior World Championships commencing on the 7<sup>th</sup> July. It is anticipated that most of the international teams will attend this camp, and as a result it is expected that Orange will host up to 29 international teams and their officials.

The Australian team and officials will be available to meet with the press and media for photographs and interviews while training at Bloomfield Hospital on Thursday 24<sup>th</sup> May at 9:30am prior to returning home after lunch.

For further information and precise location details of Thursday's training session, the press and media should contact:

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